



**HEARTLAND
COUNSELING
SERVICES INC**

IMMEDIATE RELEASE

Heartland Counseling Services Receives \$5,000 Grant from MercyOne Siouxland Medical Center to Support Mental Health and Substance Use Treatment Programs

[South Sioux City, NE] – [Sept 9, 2024] – Heartland Counseling Services, Inc. is excited to announce that it has received a generous \$5,000 grant from MercyOne Siouxland Medical Center to support its Outpatient Substance Use and Intensive Outpatient Program (IOP). This funding will directly assist individuals in the Siouxland community who are struggling with mental health and substance use issues, ensuring they can access critical treatment and support services.

Heartland Counseling has been dedicated to providing high-quality mental health and substance abuse services for individuals ages 3 to 103 since 1977. Through a range of professional counseling, education, and support services, Heartland aims to promote mental well-being, empower individuals, and strengthen families and the overall community. Their Outpatient Substance Use & IOP program is a cornerstone of this effort, offering individualized treatment plans that help participants address substance dependency, develop strategies for maintaining sobriety, and work toward long-term recovery.

"We are deeply grateful to MercyOne Siouxland Medical Center for their support during a time when many of our services are at risk due to significant funding cuts," said Jennifer Jackson, Executive Director of Heartland Counseling Services. "This grant allows us to continue serving the community by ensuring that uninsured and underinsured individuals can still access the life-changing care they need. MercyOne's contribution comes at a crucial time, allowing us to bridge the funding gap and maintain our commitment to helping individuals heal and grow."

The Outpatient Substance Use & IOP program serves individuals in the tri-state Siouxland area, including Woodbury County in Iowa, northern Nebraska, and parts of South Dakota. With a comprehensive and compassionate approach, the program helps individuals not only recover from substance dependency but also rebuild their lives and foster stronger community connections.

For more information about Heartland Counseling Services and the programs supported by this grant, visit www.heartlandcounselingservices.com.

Contact:

Heartland Counseling Services, Inc.
402-494-3337

Changing Lives. Healing Hearts. One Day at a Time.

Heartland Counseling Services, PO Box 355, South Sioux City, NE 68776

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