



**For immediate release: August 8, 2022**

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**Heartland Counseling Services provides Mental Health & Wellness Training for Local Law Enforcement**

Heartland Counseling Services and the South Sioux City Police Department have been working together for many years to serve the community. As part of that partnership, Heartland Counseling is also providing Mental Health, Substance Use, and Officer Wellness training to law enforcement to build the relationship and fulfill the LB 51 requirements for the police department. This two-hour training provides the information needed for the officers to better assist and care for community members, help assess and get them the services they need, as well as learn how to take care of their own personal mental wellness. Heartland has been providing these trainings for departments across the western part of the state and will be working in South Sioux City on Monday, August 8, 2022.

For more information on Heartland Counseling Services, how you can receive mental health or substance abuse services, or how you can donate to this project and help others in their journey to positive mental health, visit [www.heartlandcounselingservices.com](http://www.heartlandcounselingservices.com) or call 402-494-3337.

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