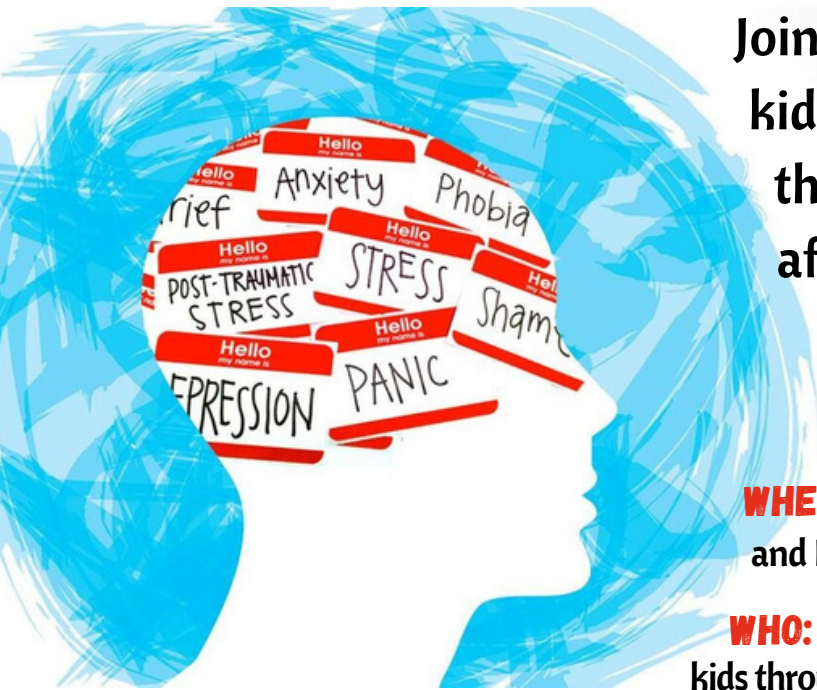


# "SIOUXLAND'S MENTAL HEALTH MATTERS"

- A VIRTUAL TOWN HALL -



Join us in creating a dialogue between kids, parents, and the community on the status of mental health, how it affects you, concerns, challenges, and tools for growth.

**WHEN:** Tuesday, October 19, 2021, 6-7pm

**WHERE:** Zoom: <https://unl.zoom.us/j/97636223625> and Facebook LIVE @ Growing Community Connections

**WHO: ... YOU!** Most appropriate for middle school aged kids through adults. Panelists will focus on anxiety, depression, and other concerns or topics brought up by attendees.

## PANELISTS:



Jennifer Jackson,  
LIMHP, LPC, ATR-BC  
Heartland Counseling Services



Amy Bloch, LISW  
Catholic Charities

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