NSTRUCTION presents Heartland Counseling Services' ...

Join us in celebrating Heartland's 45th Anniversary and in honoring the late Dr. Stanley Reiss, Kermit Dahlen, Virginia Cochran, and Rebecca Eckhardt.



Friday, July 22, 2022 South Sioux City Marriott Riverfront Ballrooms

Fund-a-Cause Pledge Form

When the pandemic hit in 2020, everyone was impacted and Heartland experienced a surge in need as people struggled with isolation, depression, and anxiety – there was no discrimination, this silent mental health pandemic hit anyone regardless of age, socio-economic class, or race. In December the Surgeon General stated that there is a mental health crisis with our youth and that suicide attempts have increased by 51%! This is the next pandemic, a silent pandemic that needs to be shouted from the rooftops to get help to those kids, families and individuals struggling.

How can you help? Through your gift, you can be there when the 10 year old has given up and is contemplating suicide or when a mother has hit rock bottom and needs our help to find the mental capacity to care for her children. You can help lay the ground work so mental health services are there for all who need it.

You have the opportunity to "Fund-a-Cause" as part of the Gala's live auction. As we know, being the first one to participate at an auction is always the hardest so we are asking YOU to lead the way through your pledge today. Then when you attend the event, please be one of the first to stand at your giving level. **Here's how you do that:**

Step 1: Choose your cause and commitment level

\heartsuit Youth Program	Providing n substance	no cost school based abuse prevention ed	mental health therapy, yo ucation, and suicide prev	outh peer suppor ention education	t programs, n for kids.
0	\$7,500	\$5,000	\$2,500		
Sendowment Ensuring the future for generations to come! As we physically build a new home for Heartland, we also want to build the financial stability and base to sustain the next 45 years too!					
\$10,000	\$7,500	\$5,000	\$2,500		
Step 2: "Raise your hand, stand	d tall"				
Yes, I will be attending the	e 45th Anniv	ersary Gala on July	22, 2022. My ticket/1	able sponsorsh	ip is attached.
V I am unable to attend the	Gala, but au	uthorize Heartland [.]	to acknowledge my ple	edge at the eve	nt.
Step 3: Finalize & authorize yo	ur pledge/	donation		ALCS S	HEARTLAND COUNSELING SERVICES INC
Invoice me (pymt due by 7/	′31/2022)	My donation i	s enclosed (check pay	vable to Heartle	and Counseling)
N a m e :		Co	mpany:		
Address:		City:	St	ate: Z	ip:

Phone: ______ Email: _____

Signature: _____ Date: _____

THANK YOU! Thank you for joining us in committing to another 45 years of "Changing lives. Healing hearts. One day at a time."