



PO Box 355, South Sioux City NE 68776 ~ www.heartlandcounselingservices.org

FOR IMMEDIATE RELEASE

Heartland Counseling Services Offers No Out-of-Pocket Expenses for Individuals Impacted by Recent Floods

[South Sioux City, NE] — Heartland Counseling Services announces a new initiative aimed at supporting community members affected by the recent devastating floods. Recognizing the emotional and psychological toll that such natural disasters can have on individuals and families, Heartland Counseling Services will be offering mental health services with no out-of-pocket expenses for those impacted by the floods.

This initiative is made possible through generous grant funding provided by the Siouxland Recovery Fund, which has been instrumental in enabling Heartland Counseling Services to extend this critical support to the community.

Effective immediately, this initiative ensures that individuals in need of counseling services due to the stress, anxiety, and trauma caused by the floods will have access to the care they need without the burden of financial worry. Heartland Counseling Services is committed to the well-being of the community and understands that access to mental health support is critical during times of crisis.

Key Features of the Initiative Include:

- **No Out-of-Pocket Costs:** All counseling services related to flood recovery will be provided at no charge to the individual. This includes therapy sessions, assessments, and any other necessary mental health support.
- **Comprehensive Mental Health Services:** Heartland Counseling Services offers a wide range of mental health services, including individual and family therapy, trauma-informed care, and support for anxiety, depression, and grief.
- **Accessible Support:** Services will be available both in-person and via telehealth to accommodate those who may be displaced or unable to travel due to flood-related issues.
- **Mobile Crisis Response Team:** For immediate assistance, our Mobile Crisis Response Team is available 24/7. Please call 402-494-7655 or the national crisis line at 988.
- **Walk-In Hours:** We will continue to offer walk-in hours at our South Sioux City location, ensuring accessibility for those seeking help. Our walk-in hours are from Monday through Thursday, 8:00 AM to 4:00 PM. Visit us at: 1201 Arbor Drive South Sioux City, NE

Statement from Heartland Counseling Services:

“We understand the impact that natural disasters like floods can have on mental health,” said Jennifer Jackson of Heartland Counseling Services. “By removing financial barriers, we hope to make it easier for those affected to seek the support they need to heal and rebuild their lives.”

This initiative is part of Heartland Counseling Services’ ongoing commitment to serving the community, particularly in times of crisis. The organization encourages anyone in need of mental health support due to the floods to reach out and take advantage of this no-cost service.

How to Access Services:

Individuals interested in accessing these services can contact Heartland Counseling Services at 402-494-3337 for more information. Appointments can be scheduled quickly to ensure timely support for those in need.

About Heartland Counseling Services:

Heartland Counseling Services is a leading provider of mental health services in South Sioux City, dedicated to offering compassionate and comprehensive care to individuals and families. With a team of highly qualified professionals, Heartland Counseling Services provides a safe and supportive environment for healing and growth.

For media inquiries, please contact:

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