



For immediate release: 8/12/202220

For more information: Jennifer Hart, Director of Development  
Heartland Counseling Services  
C: 978-807-2267 or [hart@heartlandcounselingservices.com](mailto:hart@heartlandcounselingservices.com)

### **Summer Intern Makes a Difference Working with Life Center Members Thanks to Tyson Program**

Touching lives and making a difference. That's what Heartland Counseling is all about, and thanks to the coordinated effort of Tyson Foods and Iowa Campus Compact, Heartland was able to do even more of that with summer intern, Nayely "Nelly" Godoy. Entering her junior year at Morningside University, Nelly was able to work alongside Heartland's Life Center staff to provide services to Life Center members, lead groups, help with lunches, complete data intake, and more. This program is funded by Tyson and allows nonprofits to host paid interns who are interested in the nonprofit sector. It benefits the intern who gets a chance to learn and it benefits the nonprofits who get a helping hand during the summer.

Nelly is a Developmental & Counseling Psychology major minoring in Criminal Justice and Spanish. This internship opportunity solidified her commitment to this field and her desire to help change lives and guide people on a better lifestyle in the future. In addition, Nelly learned more about communication skills, collaboration, time management and the experience of work. The Life Center members and staff were very sad to see the program come to an end and made it a point to attend the closing ceremonies so they could thank Nelly again and wish her well at school.

"This experience was the best and I loved it!" stated intern Nayely Godoy. "Being at the Life Center has shown me a sense of belonging and support from the members and amongst each other." She also reflected on how being part of The Life Center has taught her about openness, having a safe place where one can express their feelings or situation without any judgement.

Heartland Counseling Services provides quality mental health and substance abuse services to the Siouxland community. The Life Center is Heartland's day rehab center for adults living with persistent mental health and substance abuse issues. A nonprofit 501(c)3 organization, Heartland's motto is: "Changing lives. Healing hearts. One day at a time!" Visit [www.heartlandcounselingservices.org](http://www.heartlandcounselingservices.org) to learn more about the many services and programs provided by Heartland Counseling Services. To find out how you can help change lives and heal hearts, email Director of Development Jennifer Hart at [hart@heartlandcounselingservices.com](mailto:hart@heartlandcounselingservices.com) or call the office at 402-494-3337.

About Tyson Foods: Tyson Foods Inc. (NYSE: TSN) is one of the world's largest food companies and a recognized leader in protein. Founded in 1935 by John W. Tyson and grown under three generations of family leadership, the company has a broad portfolio of products and brands like Tyson®, Jimmy Dean®, Hillshire Farm®, Ball Park®, Wright®, Aidells®, ibp® and State Fair®. Tyson Foods innovates continually to make protein more sustainable, tailor food for everywhere it's available and raise the world's expectations for how much good food can do. Headquartered in Springdale, Arkansas, the company had 121,000 team members at September 2, 2018. Through its Core Values, Tyson Foods strives to operate with integrity, create value for its shareholders, customers, communities and team members and serve as a steward of the animals, land and environment entrusted to it. Visit [www.tysonfoods.com](http://www.tysonfoods.com).

Photo: Life Center member, Kim, proudly stands with intern Nayely Godoy at the Tyson Foods Summer Community Program Internship closing ceremonies at Morningside University.

Heartland Counseling Services – 917 W 21 St, PO Box 355, South Sioux City NE 68776

“Changing lives. Healing hearts. One day at a time!”